



The proven toolkit
for building lifelong
resilience and focus.



EGG Pilot application letter

The Family Partnership would like to invite you to apply for the EGG curriculum pilot. We are seeking six Minnesota programs that work with children 3-5 years old and their caregivers, including Preschools, Head Starts, ECFEs, Home Visiting, and Parenting Programs. To qualify for the program you must reach 50 children or a combination of 50 parents/caregivers and children. And you must be able to implement the curriculum from August 2024 to June 2025.

ABOUT EGG TOOLKIT

EGG works by helping children to develop executive function and self-regulation skills during the critical years of early childhood, the stage when brain development is at its fastest and most foundational.

EGG Toolkit, short for “Empowering Generational Greatness,” was hatched in 2017 by John Everett Till of The Family Partnership and Christine Wing, CCC, SLP, PhD. Designed for children ages 3-5 years old and their caregivers, EGG was developed in collaboration with early childhood educators and leading experts in brain science, child development, and curriculum design. EGG contains fun, flexible, and science-backed lessons that work in as little as 30 minutes per day. Participating teachers and facilitators receive training along with all the materials needed to implement EGG across the school year.

Through activities focused on language, storytelling, and mindfulness, EGG helps children build focus and resilience: key capacities for success in school and life. When children learn how to share their thoughts, reflect on their behavior, and regulate their bodies, they experience fewer meltdowns and bounce back faster when they are upset. As a result, preschool classrooms are more joyful, and teachers feel successful.

Brain science research shows that Adverse Childhood Experiences (ACEs) disrupt the development of executive function and self-regulation skills. Children with higher rates of ACEs may experience worse outcomes in school and face greater risks lasting into adulthood that include heart disease, depression, and substance abuse.

EGG helps to buffer children against the harmful impacts of ACEs, closing opportunity gaps in children and supporting a lifetime of better outcomes for physical, mental, and behavioral health.

BENEFITS FOR PILOT PARTNERS

- **In-person training** for facilitators (about 4.5 hours)
- **Early access to EGG Toolkit**, a brain science-informed curriculum developed with support from Harvard Center on the Developing Child and University of Minnesota’s Center for Early Education and Development
- **Problem-solving funding support** for facilitator stipends and other expenses (about \$4,000 per program)
- **Funds for children’s books/materials** used in the curriculum (about \$1,600 per program)
- **The opportunity to use fun, cutting edge early childhood assessments** like Reflection Science’s EFGoPro!

If you would like to participate in this groundbreaking EGG curriculum toolkit, please use this link to submit your application by April 30th, 2024.